



SCH Form B - Sch LetterHead (B-W) Template (ver 06-01-001).doc
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28 May 2009

To : Fellow Shuqunites & Parents / Guardians

To Serve with
Quality

Seize the Day – Use your holiday Wisely

We have had one Common Test (CT) and one Semestral Assessment (SA) since my last letter on Academic Excellence. I believe many of Shuqunites who have followed my advice and worked hard would have seen at least some improvements in your results. The teachers will be making use of the performance at these assessments to provide additional help to address the learning gaps. Meanwhile, as the school holiday approaches, I would like to remind all Shuqunites that they should plan their time well and use their term break wisely.

Here are some things Shuqunites should do to make full use of their time:

1. Have a **daily plan or study schedule** as part of personal discipline
2. Review the **Spelling List** and **Multiplication Tables** and committing them to memory.
3. Spend at least **two hours Self-study Time every day** to do your holiday assignment and review through the notes taken and everything that you have learnt in class. *I have asked your teachers to set e-Learning exercises on our AskNLearn portal for you to practice.*
4. **Ask your teachers** to explain areas where you did not understand for each topic and see you during the school holidays.
5. **Read at least 5 books.** Visit the National Library at Jurong East or Bras Basah. You may also visit the school library which will be open during certain periods of the school holidays.
6. **Exercise everyday.** Make every effort to run or skip or play a sport for at least 30 - 45 minutes daily. Remember to control your diet and not eat excessively to nullify your efforts.
7. **Do something for the community.** Do something that will have Save the Earth – like recycling unwanted plastic or metal containers or sending old newspapers to the recycling bins. Bring your family members to a community event to bond with the people in your neighbourhood. Take part in any opportunity to serve the community.

Your effort to have a meaningful and fulfilling holiday starts with your **careful planning and diligent implementation**. I want Shuqunites to realise that a bright future for every Shuqunite begins with each of you taking the first steps to make that change towards personal mastery.

No one can make your life better for you except yourself.

I know of a number of Shuqunites who will be playing computer games online. You must obtain permission from your parents or guardians before you begin. I believe it is safer for you to have your parents or guardians with you while you enjoy yourselves surfing online. Some of your parents or guardians may have to work throughout your school break. For these Shuqunites, my word of caution is that the internet is like the big world out there. Just like I do not expect Shuqunites to roam about the streets of Shanghai without their parents / guardians, I do not want to see Shuqunites wondering in the internet without **supervision from responsible adults**.

Finally, I wish all of you an enjoyable holiday but please take good care of yourselves and seize every moment to continue your journey of learning and growing.

Together-in-personal mastery,

Mr Tsu Chin Sun Gary
Principal